



DANCE GOALS PLANNER



GOAL TYPE

PERFORMANCE TECHNIQUE OTHER :

GOAL

MOTIVATION

REWARDS

STEPS TO TAKE

MY STRENGTHS

ACTIONS

NOTES

POTENTIAL OBSTACLES



DANCE GOALS TRACKER



Goal Name: _____

Date: _____

Steps I took today: _____

Going forward I will _____

Goal Name: _____

Date: _____

Steps I took today: _____

Going forward I will _____

Goal Name: _____

Date: _____

Steps I took today: _____

Going forward I will _____

Goal Name: _____

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